

5055 Santa Teresa Blvd Gilroy, CA 95020 (408) 848-4732

Dear Student: Welcome and thank you for your interest in our upcoming Community Ed Elder Care course Program.

Course dates and information are as follows

Classes will be held on the Hollister campus: 505 Fairview Road Hollister, CA 95023 February 7, 2026- May 9, 2026

> Saturdays 9:00am to 12:00pm

<u>Included in this informational packet are the following documents:</u>

- Program Summary
- Registration Form with Cancellation Policy
- Gavilan College provides educational services and access for eligible students with verified disabilities who intend to pursue coursework at Gavilan College
- Student support program website link
 hhttps://www.gavilan.edu/student/aec/index.php

For updates and information, please:

• Visit our website: www.community.gavilan.edu

Email us: mgalvez@gavilan.edu

Call our offices: (408) 848-4732

Thank you,

Gavilan College Community Education

Elder Care Program

Course Summary: The Elder Care course provides students with foundational knowledge and practical skills to support the daily needs, safety, and well-being of older adults. Designed for individuals interested in care-giving—whether professionally or for family members—this course covers essential topics such as age-related physical and cognitive changes, communication strategies, infection control, mobility assistance, nutrition, medication awareness, and compassionate support techniques.

Students will learn best practices for maintaining dignity and independence in older adults while recognizing signs of common health concerns. Through instructor-led demonstrations, hands-on practice, and real-world scenarios, participants build confidence in delivering safe, respectful, and effective care.

This course is ideal for entry-level caregivers, family caregivers, or anyone interested in beginning a career in elder care or preparing for advanced training in health or human services.

Course Highlights:

- Understanding Aging Learn about physical, emotional, and cognitive changes associated with aging.
- Communication Skills
 Develop effective and compassionate communication techniques for working with older adults and their families.
- Daily Living Support
 Practice safe assistance with mobility, personal hygiene, dressing, and nutrition.
- Safety & Infection Control
 Gain essential knowledge on preventing falls, maintaining a safe environment, and
 following proper infection-control procedures.
- Medication Awareness
 Understand common medications used by older adults and how to support safe practices (non-clinical overview).
- Chronic Conditions Overview Recognize signs and symptoms of common age-related health conditions.
- Dementia & Memory Care Basics
 Learn strategies for supporting individuals with dementia or cognitive decline.
- Hands-On Skills Practice
 Participate in demonstrations and real-world care-giving scenarios to build confidence.
- Compassionate Care Approach
 Emphasize respect, dignity, and person-centered support in every aspect of care-giving.

Who Should Enroll:

- Individuals interested in starting a career in elder care or care-giving
- Entry-level healthcare workers seeking foundational training.
- Family members caring for an aging parent, relative, or loved one.
- Community members who want to better support older adults in their lives
- Students preparing for further training in healthcare, human services, or senior support programs.
- Volunteers or staff in senior centers, assisted living facilities, or community organizations.
- Anyone looking to gain practical skills and confidence in providing safe, compassionate care for older adult

Format: Lecture and Hands-on Lab



Program Schedule

2/7/2026-5/9/2026

Saturdays

9:00am-12:00pm

Program Meets

Hollister Campus

505 Fairview Road Hollister, CA 95023

For Additional Program Information

Online Info.: www.community.gavilance.edu

Call for Info.: (408) 848-4732

Walk-in Info.: Gavilan College Community

5055 Santa Teresa Blvd Gilroy, CA 95020

To register in this program: Students must submit either a <u>completed and signed</u> registration form

Submit Your Application

By E-mail: mgalvez@gavilan.edu

By Mail: Gavilan College, 5055 Santa Teresa Blvd., Gilroy, CA 9520

Note: Students with physical limitations should inform the program coordinator prior to course start so accommodations can be discussed.

Elder Care Program

Gavilan College Community Education (408) 848-4732

Student Name:					
Address:					
City:		State:		<u>'</u> ip:	
Day Phone: () Email Address:		Evening Phone	()_		
Birth Date:		ever taken an English	as a Second Languag	e (ESL)	Yes No
Preferred Language Other:		, ,	uage other than English?	Yes	No
Start Date/Time		Title of	Course		Fee
2/7/2026-5/9/2026 Saturdays 9:00am-12:00pm		Elder Care Program			\$1,200
Payment Options				Tot	: al \$1,200
Cash (exact change)	Check M	oney Order Cr	edit Card		Paying Full Amount \$1,200
Payment Option Plan throu Gavilan College Community Education. \$600.00 plus a \$100.00 Payment Plan Fe then be due throughout the duration of	The Class Fee Payment Plee. These payments are c	an option will be broken int lue to the Gavilan C.E. office	o an initial non-refundable e upon registration. 1 equa	e deposit of al payments of \$600	.00 will
Make checks or m	oney orders payab	le to: Gavilan College	e (\$ 20 charge for al	l returned chec	ks)
MO #	Check#	Name on Che	ck		
Credit Card Info Visa Card # Cardholder Name				ecurity Code	
Authorized Signature					
0					
Students taking Students taking p	part in the Class Fee P eart in the Class Fee Payn	Cancellation Policy ram, so please choose cayment Plan will forfeit the pent Plan who cancel, drop, soo. All unpaid outstanding No exceptions to cancella	neir deposit of \$600.00 or are dropped after the balances will be forwarde	plus the \$100.00 F first day of class are	Payment Plan Fee.
To complete registration, students mupolicy. Please note that students are in Education (not registered in this pro		hey have read and unders ct confirmation via email	from the Gavilan Co	
Student Name		Student Signature		/	/



		Fldor Coro Drogro	m			
ī	nstructor Name	Elder Care Progra	Total Cost	Start Date	End Date	
	o Alejandro Escalera	 		2/2/2026	5/9/2026	
	<u> </u>	Spring 2026	\$1,300.00	Office Use	3/9/2020	
Payment Deadlines 1st pmt - At time of registration		Amount \$600.00 + \$100 = \$700.00		Office Use		
	ednesday, 3/4/2026	\$600.00				
		Terms an	d Conditions			
Initial:	The Gavilan College Community Education Department has implemented a payment plan option for students enrolling in our fee- based, not for college credit Certified Phlebotomist Training Program. This plan requires that full payment of the program fees be paid in 2 installments. A deposit of \$600.00 + \$100.00 payment plan fee = \$700 is due upon registration (see schedule above). The balance is then paid over 1 more installment. Payments may only be made through the Community Education office. There is no penalty for early payments.					
nitial:	ineligible to receive their cert complete the training progra	oleted each installment by each du tificate. Students will not receive a m for non-payment. A <u>\$25 NSF Fe</u> yment will be deducted automati	any refund of previous <u>e</u> will be charged to th	payments if they are n he student <u>every time</u> t	ot allowed to	
	AutoPay. Payment will be a	utomatically processed every mo	onth by due date.			
nitial:				are not college credit		
nitial:	I have read, understand and agre payment on or before the due d program. I have received a copy	rederal or State student aid progret to the conditions of this Class Fee Paate and I promise to do so. Failure to of this Payment Plan form. Failure to nding balances will be forwarded to	ayment Plan. I further un o do so may result in m	derstand that it is my respo y being ineligible to comp	onsibility to make ead	
	I have read, understand and agree payment on or before the due deprogram. I have received a copy this obligation. All unpaid outstand collections.	ee to the conditions of this Class Fee Pa ate and I promise to do so. Failure to of this Payment Plan form. Failure to	ayment Plan. I further un o do so may result in m	derstand that it is my respo y being ineligible to comp his training program does	onsibility to make ead	

Not Valid Unless All Information is Provided							
Student Name:	Student Full Address:						
Student Social Security Number:	Student Cell Phone/Home Phone:						
Student Email:	Student Date of Birth:						
Reference Information							
Reference Person Name:	Reference Person Daytime Phone:						
Reference Person Address:	Reference Person Email:						
City: State: Zip:							